

ACTION
FOR
HUMANITY

PROJECT BOOKLET

RAMADAN 2026



FAITH IN
ACTION

A MESSAGE FROM OTHMAN



Alhamdulillah, the blessed month of Ramadan is upon us once again; a time for reflection, renewal, and compassion in action. It reminds us that faith is not only what we believe, but what we do. This year, as we turn our Faith into Action, we are called to embody the spirit of Ramadan through mercy, generosity, and solidarity with those in need.

Across the world, families continue to face immense hardship. In Palestine, the wounds of genocide run deep. In Syria, families who have endured fourteen years of war are finally returning home to rebuild. In Yemen, hunger and disease threaten millions, while in Pakistan and Lebanon, instability continues to devastate lives.

Yet amid hardship, I see hope because I see you. Through your faith, compassion has become action, and that action has changed lives.

Last Ramadan, your giving reached over **359,000 people** across eight countries with food, water, shelter, and healthcare. Together, we distributed **70,000** food parcels, served **over 185,000** hot meals, and provided urgent medical and health assistance to more than **35,000** Palestinians in Gaza.

In total, Action For Humanity has now reached **over 16 million people** in 15 countries, proof that our faith, when put into action, knows no borders.

With one of the lowest administrative fees in the sector, and as a **Core Humanitarian Standard (CHS) accredited organisation**, we hold ourselves to the highest global standards of transparency and accountability. You can trust that your **Zakat, Sadaqah, Fidyah, and Fitran** reach those who need them most, delivered with dignity and impact.

This Ramadan, as we fast, pray, and give, let us remember that every meal shared, every home rebuilt, and every life restored begins with a single act of faith.

May Allah (SWT) accept our good deeds, bless our giving, and unite us in compassion and purpose. Together, let's turn our **Faith into Action** — for Palestine, for Syria, for humanity.

Jazakallahu Khairan,

A handwritten signature in black ink, appearing to read "Othman Moqbel".

Othman Moqbel
Global CEO, Action For Humanity

YOUR FAITH IN ACTION

Action For Humanity is an international NGO committed to protecting life and responding to crises and emergencies.

For over 14 years, we have delivered life-saving food, water, shelter, and healthcare across 15 countries, from Gaza to Yemen, Syria to Pakistan. Our mission is simple: to help vulnerable communities survive, rebuild, and recover. This Ramadan, turn your faith into action.



10 people helped every minute.



200+ projects implemented across the globe.



16 million lives reached with humanitarian assistance, including food, water, protection, and medical support



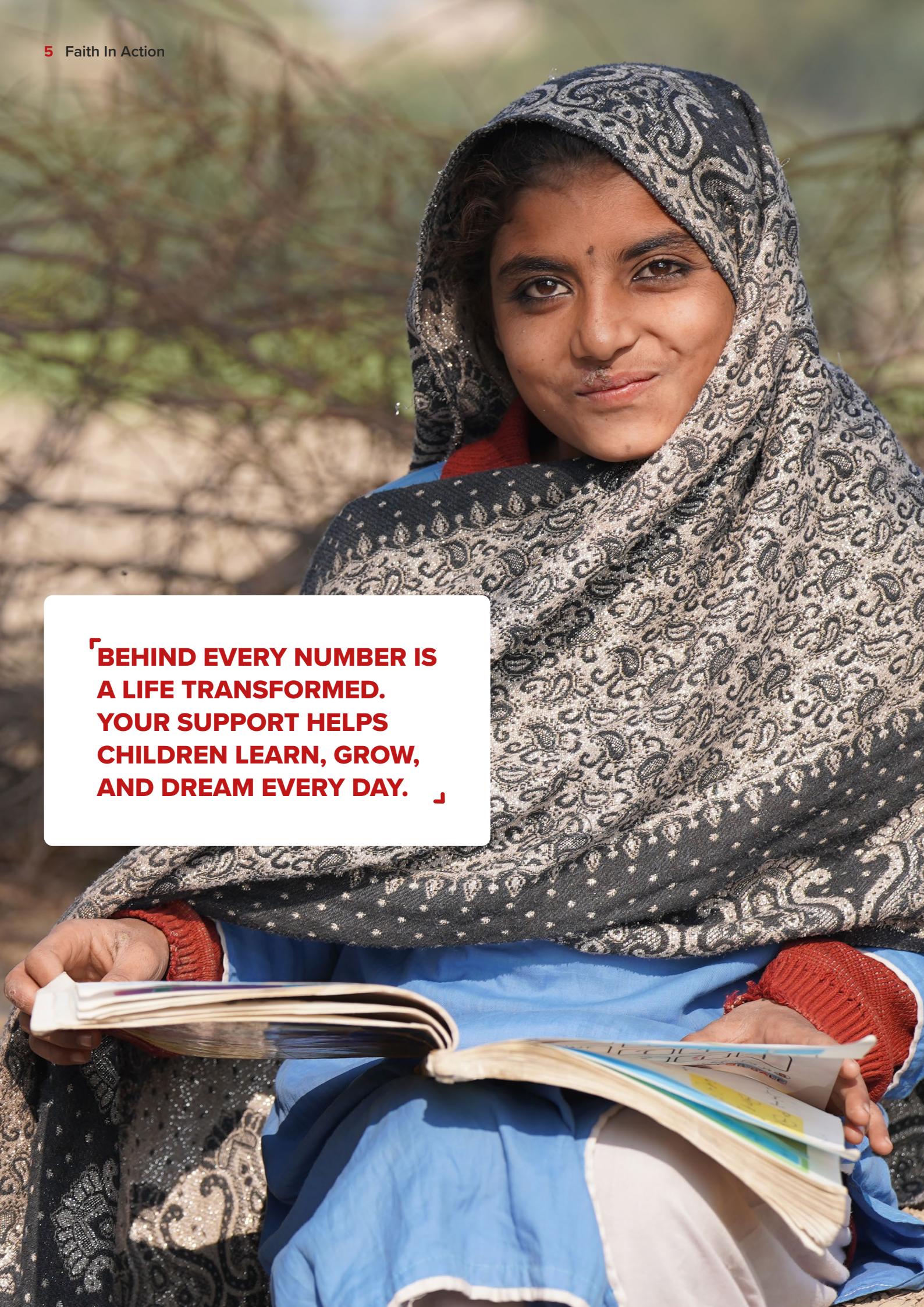
Over 14 years supporting communities in crisis, helping them to survive, rebuild, and recover.



WE WORK IN OVER 15 COUNTRIES WORLDWIDE



WHEN EMERGENCIES STRIKE, WE
MOBILISE, RESPOND AND RESTORE

A close-up photograph of a young Indian girl with dark hair and brown eyes. She is wearing a dark blue and gold patterned shawl over a blue and red garment. She is smiling and holding an open book with both hands, looking directly at the camera. The background is a blurred outdoor setting with greenery and a brick wall.

**‘BEHIND EVERY NUMBER IS
A LIFE TRANSFORMED.
YOUR SUPPORT HELPS
CHILDREN LEARN, GROW,
AND DREAM EVERY DAY. ’**

TOGETHER, WE CHANGED LIVES ACROSS THE WORLD

In 2025, your faith reached over 4 million people across 12 countries.

From Gaza to Pakistan, Syria to Yemen, your generosity delivered food, water, shelter, and hope to families in need. Each gift, prayer, and act of kindness helped change lives, showing that faith in action knows no borders.

Who Your Support Reaches

Your generosity supports men, women, and children affected by conflict, crisis, and displacement.

26% - Boys

24% - Men

25% - Girls

25% - Women



OUR IMPACT LAST RAMADAN

Last Ramadan, your faith touched lives across Gaza, Syria, Yemen, Pakistan, Lebanon, Jordan, Iraq, and here in the UK. Together, we reached over 359,000 people with life-saving aid, providing food, water, shelter, healthcare, and hope to families facing conflict and hardship.

Your Zakat and Sadaqah allowed us to open new shelters in Gaza, rebuild homes in Syria, and restore sight, safety, and dignity to thousands. Every meal served, every home rebuilt, and every child smiling through Eid all started with your faith in action.



70,000 FOOD PARCELS DISTRIBUTED

Essential ingredients delivered to families facing hunger, giving them security and dignity.



185,000 HOT MEALS SERVED

Freshly cooked meals reached people who had gone days without food, offering warmth and relief.



35,000 ASSISTED WITH MEDICAL CARE

From emergency treatment to essential medicines, your support helped protect lives in places where healthcare is out of reach.



550,000 FRESH FLATBREADS BAKED

Life-sustaining bread produced daily through our bakeries, keeping families nourished during crisis.



AREAS OF WORK

From emergency relief to long-term recovery, Action For Humanity provides holistic support to communities affected by conflict, disaster, and poverty. Guided by compassion and accountability, we prioritise sustainable impact, helping families to survive today and rebuild for tomorrow.



EMERGENCY AID >

Responding quickly with life-saving food, water, and shelter when crises strike.

SHELTER >

We are rebuilding homes and restoring infrastructure so families can return with dignity.

FOOD SECURITY >

Providing nutritious food, supporting bakeries, and helping families earn a stable income.



WATER, SANITATION & HYGIENE (WASH) >

We are ensuring access to safe water and sanitation through wells, tanks, and hygiene kits.

HEALTH CARE >

Delivering essential healthcare, prosthetics, and surgeries that restore quality of life.

EDUCATION & EMPOWERMENT >

Giving children access to education and empowering communities through skills training.



**A SIMPLE TANK. A POWERFUL
CHANGE. CLEAN WATER
FOR YEMEN'S FORGOTTEN
COMMUNITIES.**

— YEMEN

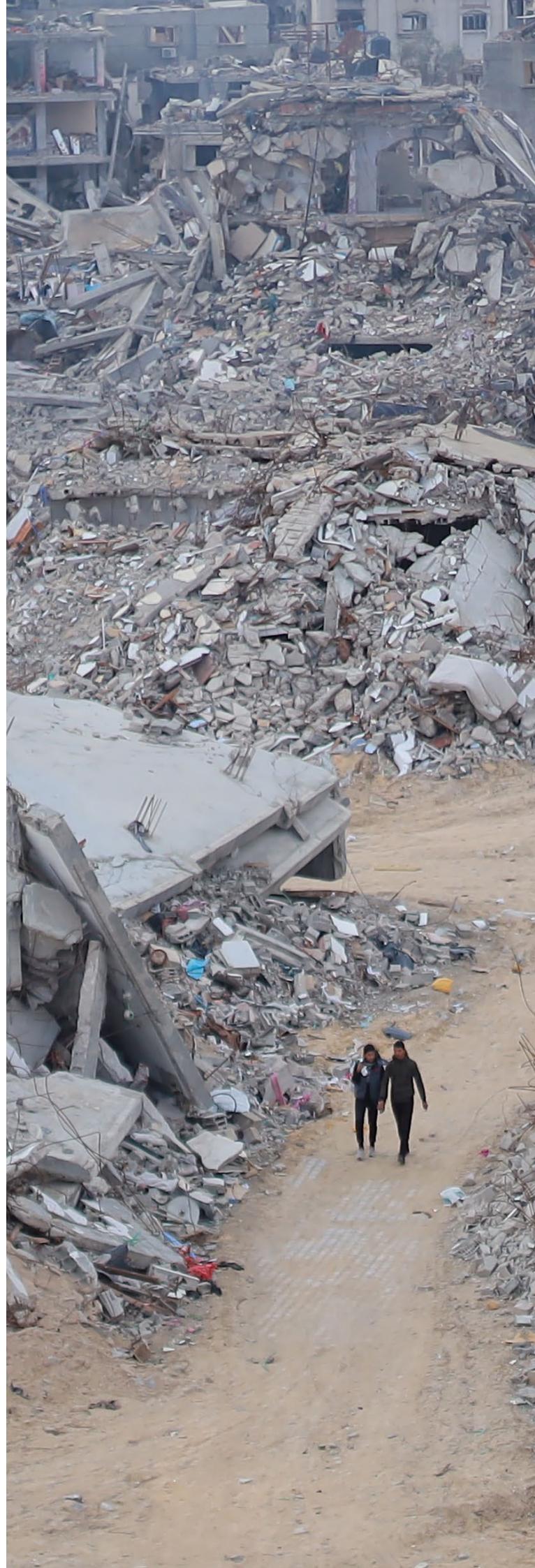
PALESTINE

Palestine continues to bear the scars of unimaginable loss. At least 70,000 people, including over 50,000 children, have been killed or injured in Gaza since October 2023*. Half a million remain in catastrophic conditions, facing famine, disease, and displacement.

The recent ceasefire has finally enabled aid to reach Gaza, a crucial opening for families who have endured deplorable hardship. Yet the crisis is far from over. Homes lie in ruins, hospitals are overwhelmed, and clean water is scarce.

Amid the devastation, your faith has been a lifeline. Since 2023, Action For Humanity has reached over 1 million people with food, water, shelter, protection and healthcare in Gaza and Westbank. As Palestine begins to heal, your continued compassion will help rebuild lives with dignity and hope.

This Ramadan, turn your Faith into Action. For Palestine, for peace, for humanity.





**“WHEN THE BOMBING STOPPED,
I DIDN’T BELIEVE IT. MY CHILDREN
SLEPT THROUGH THE NIGHT FOR
THE FIRST TIME IN MONTHS.”**

— HIDAYA, GAZA CITY

For two years, Hidaya has endured hunger, fear, and loss. Her home was destroyed, and her husband was injured in an airstrike. Each day, she searched for food, queuing for hours with her children for a single meal.

When Action For Humanity reached her community, our teams provided hot meals, clean water, and emergency medical care. It was the first time in weeks her family had eaten together.

Today, Hidaya and her children are rebuilding their strength in one of our HOPE shelters. Her story is one of survival, faith, and endurance, and it's only possible because of you.

YOUR IMPACT IN PALESTINE 2023 - 25

Since October 2023, Action For Humanity has implemented over 100 life-saving interventions across Gaza, the West Bank, and Jerusalem. Amid one of the world's most difficult humanitarian crises, we have reached more than 1 million people, including 50,000 with disabilities, with vital aid.

Our support includes hot meals, food parcels, cash assistance, clean water, hygiene kits, medical supplies, and temporary shelters, alongside education programmes, psychosocial support, and solar-powered water projects. Despite severe access restrictions, our teams continue to serve families every day, protecting life, preserving dignity, and maintaining hope in Palestine.





1,000,000+
PEOPLE REACHED IN PALESTINE

Your support has reached a million people in Gaza with food, water, shelter, medical aid, and education.



550,000+
HOT MEALS & FOOD PARCELS

Distributed over 550,000 hot meals and food parcels, reaching tens of thousands of fasting families.



300,000+
CLEAN WATER & SANITATION

Clean water, solar-powered systems, and hygiene kits reached more than 300,000 people in Palestine.



100,000+
RECEIVED HEALTH CARE

Essential treatment and medicines delivered when hospitals were overwhelmed.



25,000+
PSYCHOSOCIAL SUPPORT

Psychosocial care for families and children coping with fear and loss.



SCAN TO VIEW OUR WORK IN PALESTINE

HOW YOU CAN HELP THIS RAMADAN

This Ramadan, your Zakat and Sadaqah can feed the hungry, shelter the displaced, and bring comfort to those who have endured the worst humanitarian crisis in living memory.



HOT MEALS FOR A WEEK

Provide a family with hot, nourishing meals when food is scarce.

£50

HOT MEAL FOR A FAMILY FOR A WEEK



FOOD PARCEL FOR 28 DAYS

Give a family essential ingredients to last the entire month.

£100

A FAMILY FOOD PARCEL FOR 28 DAYS



CLOTHING FOR 2-3 CHILDREN

Ensure children have clean, warm clothing that protects their dignity.

£125

CLOTHING FOR 2-3 CHILDREN



FAMILY FINANCIAL ASSISTANCE

Help a struggling family cover their most urgent needs for a month.

£150

FINANCIAL ASSISTANCE FOR A MONTH



CLEAN WATER FOR A COMMUNITY

Restore access to safe drinking water for a whole community.

**FROM
£250**

CLEAN WATER FOR A COMMUNITY



SHELTER FOR A FAMILY

Provide a secure shelter for a displaced family.

£2,700

PROVIDE SHELTER TO A FAMILY



SYRIA

Fourteen years since the conflict began, Syria is taking its first steps towards recovery. Across liberated areas, families who were once displaced are finally returning home. But what they return to is devastation. Houses are reduced to rubble, schools are destroyed, and livelihoods have been lost.

Your faith is helping to rebuild what war has taken. Over the past year, Action For Humanity has expanded reconstruction efforts across northern Syria, transforming destruction into renewal. Through flagship projects like Al-Tahrir Village, Bread for Syria, Gift For Life, and Water for Syria, your generosity is restoring safety, dignity, and the foundations of normalcy.

In the first year of liberation, Action For Humanity has restored more than 10 social service facilities, launched multiple infrastructure projects, and established youth empowerment centres that enable women to take part in rebuilding Syria and strengthening their communities.

Turn your faith into action this Ramadan and help rebuild Syria.





“THE DAY WE OPENED OUR FRONT DOOR AGAIN, WE CRIED. IT WAS BROKEN, BUT IT WAS OURS.”

— AMINA, ALEPO

After more than a decade of displacement, Amina and her children returned to their home in Aleppo, a single room left standing amid the rubble. With your support, our teams repaired the roof, installed water connections, and provided essential furniture. Today, Amina's family is rebuilding their lives one brick at a time.

Their story mirrors thousands of other families returning with nothing but hope for a better future. Your faith has made that possible.

TOGETHER, WE'RE REBUILDING SYRIA

REBUILD SYRIA



Families are finally returning home through our Rebuilding Syria initiative. Your support rebuilds damaged houses, installs clean water systems, and restores community life for those displaced for over a decade.

FROM **£2,500**

[REBUILD A HOME FOR A RETURNING FAMILY](#)





FOOD PARCEL

Each parcel provides enough essentials for one family for one month, delivering approximately 2,100 calories per person per day, in line with Sphere humanitarian standards.

£75

A FAMILY FOOD PARCEL FOR 28 DAYS



FEED A FAMILY

Provide life-saving hot meals for a displaced family of six for one week, helping returning families in Syria receive the nourishment and dignity they deserve.

£100

FEED A FAMILY OF 6 FOR ONE WEEK



WATER FOR SYRIA

We're restoring wells and pipelines in newly liberated areas, bringing safe, sustainable water to families who've lived for years without it.

FROM
£250

RESTORE CLEAN WATER FOR 50 FAMILIES



BEEKEEPING FARMS

Families are rebuilding their livelihoods through our bee-keeping initiative, earning income, supporting children's education, and creating sustainable futures.

FROM
£650

HELP ONE FAMILY START THEIR OWN BEE FARM

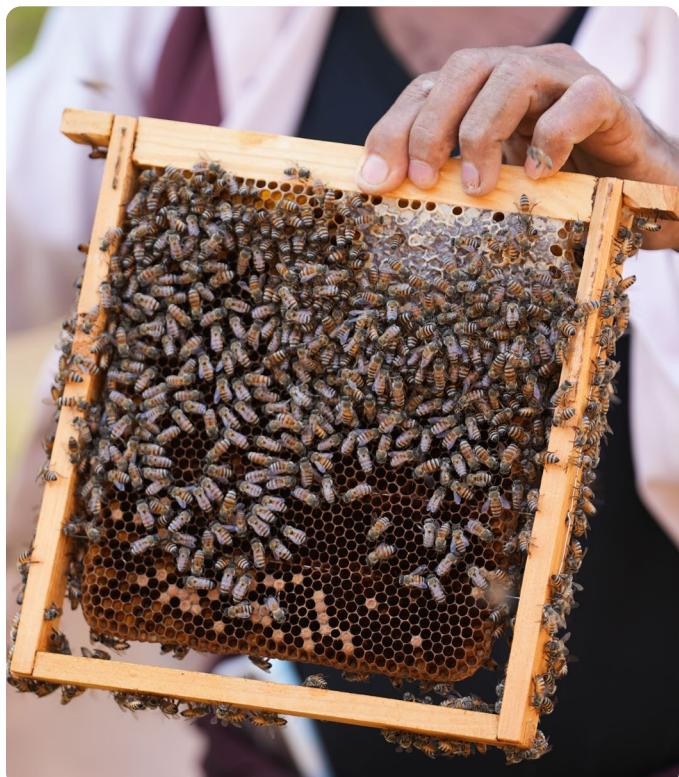


CASH ASSISTANCE

Cash assistance enables vulnerable families to access food, fuel, medicine, and essentials.

£150

HELP ONE FAMILY WITH THEIR BASIC NEEDS



PAKISTAN

In 2025, catastrophic floods once again swept across Pakistan, submerging towns, destroying farmland, and displacing millions. Over 6.9 million people were affected across 120 districts, losing their homes, crops, and livelihoods. Yet your faith continues to help them stand again.

Action For Humanity was one of the leading charities on the ground responding to the 2025 floods, delivering food parcels, clean water, emergency shelters, and hygiene kits to families in Punjab, and Khyber Pakhtunkhwa, reaching tens of thousands with life-saving aid. Our teams are now working to rebuild wells, restore livelihoods, and help communities recover from the devastation.



PROVIDE A RAMADAN FOOD PARCEL

Give a family essential food to last the month of Ramadan.

£65

PROVIDE A RAMADAN FOOD PARCEL



FUND A CATARACT SURGERY

Restore someone's sight and renew their independence.

£70

FUND A CATARACT SURGERY



INSTALL A WATER WELL

Bring sustainable, long-term clean water to an entire community.

£2,000

INSTALL A WATER WELL



INSTALL A HAND WATER PUMP

Provide reliable access to clean water for families in need.

£150

INSTALL A HAND WATER PUMP



SOLAR-POWERED WATER SYSTEM

Deliver safe water to hundreds of people every day.

£9,500

SOLAR-POWERED WATER SYSTEM



JORDAN & LEBANON

As living costs rise across the region, vulnerable and refugee families are struggling to secure even the most basic food items. The holy month of Ramadan brings additional challenges, as families wish to observe the fast with dignity despite financial hardship.

This Ramadan, Action For Humanity will provide pre-packaged food parcels to help families meet their nutritional needs and break their fasts with security and hope.



FOOD PARCEL - LEBANON

Each parcel provides enough essentials for one family for one month, supporting the families unable to afford food in displaced and low income area throughout Ramadan.

£50

A FAMILY FOOD PARCEL FOR 28 DAYS



FOOD PARCEL - JORDAN

Each parcel provides enough essentials for one family for one month, delivering approximately 2,100 calories per person per day.

£75

A FAMILY FOOD PARCEL FOR 28 DAYS



HOT MEALS - LEBANON

Provide life-saving hot meals for a displaced family of five for one week, helping local and refugee families in Lebanon receive the nourishment and dignity they deserve.

£75

HOT MEALS TO A FAMILY OF 5 FOR A WEEK



YEMEN

After over a decade of war, Yemen remains one of the world's hungriest countries. Millions of families are living without enough food, safe water, or healthcare. Prices continue to rise, jobs are limited, and parents go days without eating so their children can have food.

This Ramadan, Action For Humanity is on the ground delivering food parcels, hot meals, and clean water to families across Aden, Taiz, and Lahij. With your support, we can reach many more.

Your Zakat and Sadaqah will fill empty tables, restore health, and bring relief where famine and conflict have left despair. Every meal served is a prayer answered; every act of giving is an act of faith that sustains life.



FEED A FASTING FAMILY FOR A WEEK

Provide nourishing meals to help a family through Ramadan.

£50

FEED A FASTING FAMILY FOR A WEEK



FOOD PARCEL FOR 28 DAYS

Give a month of essential food to a family facing hunger.

FROM
£100

PROVIDE A FOOD PARCEL FOR 28 DAYS



WOMEN'S EMPOWERMENT GRANTS

Help women rebuild livelihoods, support their families, and gain independence.

£500

WOMEN'S EMPOWERMENT GRANTS



SOLAR-POWERED WATER PROJECTS

Bring sustainable clean water to communities with no safe supply.

FROM
£2,000

SOLAR-POWERED WATER PROJECTS



**“WHEN WE BREAK OUR FAST
TOGETHER, IT REMINDS US THAT
WE ARE NOT FORGOTTEN.”**

— FATIMAH, TAIZ

BEYOND RELIEF

RESTORING LIVELIHOODS AND FUTURES



YEMEN FISHERIES PROJECT

In Al Buraka, on Yemen's southern coast, fishing is a lifeline for more than 3,000 families. However, years of conflict and disaster have left boats damaged, nets ripped, and incomes threatened. Each vessel can support up to ten families, yet hundreds now remain unused. Local volunteers like Nawaf Saad have operated a small repair workshop for two decades despite limited space, tools, and resources.

With your support, Action For Humanity is helping to rebuild and equip this workshop so fishermen can repair boats, restore engines, and return safely to the sea, reviving an entire community's independence and dignity.

FROM **£1,500**

RESTORE A FISHING FAMILY'S LIVELIHOOD





DISABILITIES SUPPORT

Provide assistive devices, therapy grants, and inclusive education resources for children with Down Syndrome and children with disabilities in Syria, Pakistan, Yemen, Lebanon and Jordan.

£125

MAKE LIFE BETTER FOR A CHILD WITH DISABILITIES



GREEN FUTURES - PLANTING FOR TOMORROW

Across Syria and Pakistan, our Green Futures programme is helping communities restore their land. By planting trees and revitalising farmland, we're fighting deforestation and creating new sources of income. Each tree planted is a step toward a greener, cleaner, more hopeful tomorrow.

£60

PLANT 100 TREES FOR A GREENER FUTURE



PROSTHETICS & HEALTHCARE

The gift of mobility means the chance to rebuild a life. Our medical teams provide prosthetic limbs, rehabilitation, and trauma care to those injured by conflict or disaster. Each prosthetic restores independence, dignity, and hope.

£600 - £1,200

PROVIDE A PROSTHETIC LIMB



ORPHAN SPONSORSHIP

Every child deserves love, care, and a future. Across Syria, Yemen, Palestine, and beyond, millions of children are growing up without parents to protect or provide for them. Conflict, poverty, and displacement have created one of the worst orphan crises in modern history.

In Gaza alone, since October 2023, more than 39,000 children have lost one or both parents. Many now depend on extended family or guardians for care, facing daily risks of hunger, child labour, and exploitation.

Through your faith and support, Action For Humanity is helping to change this. Our Orphan Sponsorship Programme ensures children grow up in family care with food, education, and safety.

Your sponsorship provides:



£35 a month (£420 a year) provides direct support for one child.



86% goes straight to the orphan's household for essentials like food, healthcare, clothing, and education.



14% covers safeguarding, monitoring, and protection to keep each child safe and supported.

SPONSOR AN ORPHAN AND CHANGE A CHILD'S LIFE



Your sponsorship ensures a child grows up in safe care with food, education, healthcare, and the support they need to build a brighter future.

£35 A MONTH

SPONSOR AN ORPHAN AND CHANGE A CHILD'S LIFE



FAMILY TWINNING

Poverty, displacement, and conflict continue to tear families apart across the Middle East. In Lebanon, Jordan, Iraq, and Syria, parents struggle to afford food, rent, and school fees, facing impossible choices between feeding their children and keeping a roof over their heads. Your faith helps families stay together.

Through Action For Humanity's Family Twinning Programme, your monthly donations provide financial support that helps parents meet their basic needs with dignity, preventing separation and restoring stability to those most at risk. Each sponsorship covers essentials such as food, rent, and healthcare, giving families a chance to rebuild their lives from crisis towards self-reliance.

"Before this support, we didn't know how we'd survive the month. Now, my children are safe, fed, and in school." — Rania, Lebanon

SUPPORT A FAMILY AND KEEP THEM TOGETHER



Family Twinning provides monthly assistance that helps parents afford essentials like food, rent, healthcare, and education. Your support prevents separation, strengthens resilience, and keeps vulnerable families safe and together.

FROM **£150** A MONTH

SUPPORT A FAMILY AND KEEP THEM TOGETHER



SUSTAINABLE DEVELOPMENT GOALS

Our Ramadan programmes are carefully designed to provide immediate relief while establishing the groundwork for sustainable development. Each project promotes long-term progress, strengthening health, livelihoods, and resilience so that communities can thrive beyond crises and build a future of lasting stability and opportunity.





SDG 2 ZERO HUNGER

Providing food parcels, bread, and livelihood support to families facing conflict and poverty, ensuring no one is left hungry during Ramadan.



SDG 5 GENDER EQUALITY

Empowering women through livelihoods, healthcare access, and inclusive education, giving mothers and daughters the tools to shape their futures.



SDG 6 CLEAN WATER & SANITATION

We are restoring wells and water networks in Syria, Yemen, and Pakistan, providing clean water and promoting hygiene in crisis-hit communities.



SDG 8 DECENT WORK & ECONOMIC GROWTH

Supporting local economies to create fair jobs and sustainable income for families rebuilding their lives.



SDG 10 REDUCED INEQUALITIES

Ensuring our aid reaches the most marginalised, refugees, people with disabilities, and those excluded from mainstream support systems.



SDG 16 PEACE, JUSTICE & STRONG INSTITUTIONS

Working with local partners to strengthen communities, promote stability, and uphold humanitarian principles in some of the world's toughest environments.



ZAKAT CASH PROGRAMMES

Fulfil your obligated duty, for "...those in whose wealth there is a recognised right, for the needy and deprived." Quran (70:24-25)

Action For Humanity's Zakat Cash Programmes provide direct financial assistance to displaced and vulnerable families, empowering them to meet their basic needs for food, clothing, medicine, and shelter with dignity and choice.

By providing cash grants, we allow families to prioritise what is most vital for their survival and stability. These funds reach those most in need across Palestine, Yemen, Syria, Sudan, Pakistan and Jordan, including displaced persons, widows, orphans, and households without income.

Your Zakat does more than provide immediate relief; it creates sustainable change, helping families rebuild their lives and move from hardship to hope.

Fulfil your obligation and put your faith into action this Ramadan.

£50

FAMILY IN PAKISTAN

£100

FAMILY IN YEMEN

£100

FAMILY IN JORDAN

£150

FAMILY IN PALESTINE

£150

FAMILY IN SYRIA

£150

FAMILY IN SUDAN



CALCULATE YOUR ZAKAT

Use our online Zakat Calculator to determine exactly what you owe based on your assets and current Nisab values.

By paying Zakat with Action For Humanity, you not only purify your wealth, but also deliver life-saving aid to those most vulnerable around the world.

Scan the QR code below to calculate your Zakat today.



ZAKAT CALCULATOR

WAYS TO DONATE



BANK TRANSFER

Bank: Royal Bank of Scotland (RBS)
Account Name: Action for Humanity
Account Number: 1087 5675
Sort Code: 16-34-27
IBAN: GB86RBOS16342710875675



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ACTION FOR HUMANITY



**VIEW OUR
PROJECTS ONLINE**



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